



**VALLEY ORTHOPAEDIC  
SPECIALISTS**

**Main Office:**  
2 Trap Falls Rd, Ste 404  
Shelton, CT 06484  
Phone: (203) 734-7900  
Fax: (203) 513-3269

**Oxford Office:**  
220 Main St, Ste 1F  
Oxford, CT 06478  
Phone: (203) 734-7900  
Fax: (203) 463-8957

**Fairfield Office:**  
1275 Post Rd, Ste 208  
Fairfield, CT 06824  
Phone: (203) 955-1202  
Fax: (203) 955-1203

www.vosct.com

## Jason Nobrega

160 South Colman Road, Wolcott, CT, 06716  
(203) 910-9420, jasonnobrega@kings.edu

### PROFILE

Competent, compassionate, enthusiastic aspiring Physician Assistant always willing to learn and improve. Builds strong relationships with Colleagues and patients. Focused on obtaining a position within surgery. Demonstrates excellent technical skills as well as ability to build rapport with patients.

### EDUCATION

King's College, Wilkes-Barre, PA

**Master of Physician Assistant Science**

Graduation: August 2019

**Bachelor of Science in Health Science**

May 2018

- Minor in biology

### Research

**Master's Project** - *A Comparison of Knee Stability After Single-Bundle versus Double-Bundle Anterior Cruciate Ligament Reconstruction in Adolescents*

Project mentor: Mrs. Lorraine Novinger, MS PA-C

2019

### CLINICAL EXPERIENCE

**Family Practice – (Clinical Experience)**

Dr. Barry Kurtzer, MD, *Mulberry Medical Associates*

May – August 2019

Scranton, PA

**Internal Medicine – (Clinical Experience)**

Eric Lussier, PA-C, *Feel Good Health Center*

April – May 2019

Plantsville, CT

**Orthopedic Surgery – (OR/Clinical Experience)**

Dr. Daniel Feldmann, MD, *Geisinger Medical Center, Woodbine*

February – March 2019

Danville, PA

- Assisted in OR on the various services including joints, sports medicine, hand, and trauma
- Conducted physical exams and history in office setting
- Performed procedures such as joint injections, suturing, and casting/splinting
- Interpreted diagnostic imaging such as X-ray, CT and MRI

**General Surgery – (360+ hours OR/Clinical Experience)**

Dr. Kathleen LaVorgna, MD, *Norwalk Hospital*

January – February 2019

Norwalk, CT

- Conducted surgical history and physical exams
- First/second assist in OR on various general, colorectal, bariatric, and orthopedic surgical services
- Performed daily rounds and documentation on colorectal surgical service patients
- Interpret various diagnostic tests such as lab values, X-ray, and CT scan
- Executed procedures such as suturing, knot-tying, catheter placement

**Behavioral Medicine - (200+hr Clinical Experience)**

Audra Gould, PA-C - *Community Counseling Services of NE PA*

November – December 2018

Wilkes-Barre, PA



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**Emergency Medicine – (200 hours ER Experience)**

Jessica Eberle, PA-C - *Moses Taylor Hospital*

- Performed Incision and drainage, steroid injections, sutured lacerations
- Assisted in work up of acute patients in ER setting

October – November 2018

Scranton, PA

**Women’s Health- (230+ hours Clinical/OR/Delivery Experience)**

Dr. Vladimir Nikiforouk, M.D. – *Lehigh Valley Health Network-PMC*

August – September 2018

East Stroudsburg, PA

**Pediatrics - (240+ hours Clinical experience)**

Dr. Garry Hamilton, M.D. - *Lehigh Valley Health Network-PMC*

July – August 2018

East Stroudsburg, PA

**CLINICAL SKILLS**

- History and PE
- Surgical First Assist
- Minor Office Procedures
- Suturing/Suture Removal
- Labs/Radiography
- CPR
- EKG/RS
- NG Tube Placement
- Casting/Bandaging
- Injections
- Venipuncture
- Catheters

**CERTIFICATIONS/CLEARANCES**

- ACLS (2018)
- BLS (2018)

**AWARDS/HONORS**

Dujarie Scholarship 2014-2018  
Dean’s List, King’s College, 6 semesters  
Graduated Cum Laude

**EMPLOYMENT EXPERIENCE**

Cashier, Stop and Shop, Waterbury, CT, 2017  
Barback/bouncer, Senunas’ Bar and Grill, Wilkes-Barre, PA 2016 - 2017  
Baseball Coach, MVP training academy, Wyoming, PA Summer 2016  
CNA, Geisinger Wyoming Valley, Wilkes-Barre, PA Summer 2016

**ACTIVITIES/LEADERSHIP**

Varsity Baseball, King’s College, Wilkes-Barre, PA 2014 – 2017  
Pre-Physician Assistant Society 2014 – 2018