



**VALLEY ORTHOPAEDIC
SPECIALISTS**

Main Office:
2 Trap Falls Rd, Ste 404
Shelton, CT 06484
Phone: (203) 734-7900
Fax: (203) 513-3269

Oxford Office:
220 Main St, Ste 1F
Oxford, CT 06478
Phone: (203) 734-7900
Fax: (203) 463-8957

Fairfield Office:
1275 Post Rd, Ste 208
Fairfield, CT 06824
Phone: (203) 955-1202
Fax: (203) 955-1203

www.vosct.com

Jason Nobrega

(203) 910-9420, jasonnobrega@kings.edu

PROFILE

Competent, compassionate, enthusiastic aspiring Physician Assistant always willing to learn and improve. Builds strong relationships with Colleagues and patients. Focused on obtaining a position within surgery. Demonstrates excellent technical skills as well as ability to build rapport with patients.

EDUCATION

King's College, Wilkes-Barre, PA
Master of Physician Assistant Science Graduation: August 2019
Bachelor of Science in Health Science May 2018
- Minor in biology

Research

Master's Project - A Comparison of Knee Stability After Single-Bundle versus Double-Bundle Anterior Cruciate Ligament Reconstruction in Adolescents
Project mentor: Mrs. Lorraine Novinger, MS PA-C 2019

CLINICAL EXPERIENCE

Family Practice – (Clinical Experience) May – August 2019
Dr. Barry Kurtzer, MD, *Mulberry Medical Associates* Scranton, PA

Internal Medicine – (Clinical Experience) April – May 2019
Eric Lussier, PA-C, *Feel Good Health Center* Plantsville, CT

Orthopedic Surgery – (OR/Clinical Experience) February – March 2019
Dr. Daniel Feldmann, MD, *Geisinger Medical Center, Woodbine* Danville, PA
- Assisted in OR on the various services including joints, sports medicine, hand, and trauma
- Conducted physical exams and history in office setting
- Performed procedures such as joint injections, suturing, and casting/splinting
- Interpreted diagnostic imaging such as X-ray, CT and MRI

General Surgery – (360+ hours OR/Clinical Experience) January – February 2019
Dr. Kathleen LaVorgna, MD, *Norwalk Hospital* Norwalk, CT
- Conducted surgical history and physical exams
- First/second assist in OR on various general, colorectal, bariatric, and orthopedic surgical services
- Performed daily rounds and documentation on colorectal surgical service patients
- Interpret various diagnostic tests such as lab values, X-ray, and CT scan
- Executed procedures such as suturing, knot-tying, catheter placement

Behavioral Medicine - (200+hr Clinical Experience) November – December 2018
Audra Gould, PA-C - *Community Counseling Services of NE PA* Wilkes-Barre, PA



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Emergency Medicine – (200 hours ER Experience)

Jessica Eberle, PA-C - *Moses Taylor Hospital*

- Performed Incision and drainage, steroid injections, sutured lacerations
- Assisted in work up of acute patients in ER setting

October – November 2018

Scranton, PA

Women’s Health- (230+ hours Clinical/OR/Delivery Experience)

Dr. Vladimir Nikiforouk, M.D. – *Lehigh Valley Health Network-PMC*

August – September 2018

East Stroudsburg, PA

Pediatrics - (240+ hours Clinical experience)

Dr. Garry Hamilton, M.D. - *Lehigh Valley Health Network-PMC*

July – August 2018

East Stroudsburg, PA

CLINICAL SKILLS

- History and PE
- Surgical First Assist
- Minor Office Procedures
- Suturing/Suture Removal
- Labs/Radiography
- CPR
- EKG/RS
- NG Tube Placement
- Casting/Bandaging
- Injections
- Venipuncture
- Catheters

CERTIFICATIONS/CLEARANCES

- ACLS (2018)
- BLS (2018)

AWARDS/HONORS

Dujarie Scholarship 2014-2018
Dean’s List, King’s College, 6 semesters
Graduated Cum Laude

EMPLOYMENT EXPERIENCE

Cashier, Stop and Shop, Waterbury, CT, 2017
Barback/bouncer, Senunas’ Bar and Grill, Wilkes-Barre, PA 2016 - 2017
Baseball Coach, MVP training academy, Wyoming, PA Summer 2016
CNA, Geisinger Wyoming Valley, Wilkes-Barre, PA Summer 2016

ACTIVITIES/LEADERSHIP

Varsity Baseball, King’s College, Wilkes-Barre, PA 2014 – 2017
Pre-Physician Assistant Society 2014 – 2018