



**VALLEY ORTHOPAEDIC  
SPECIALISTS**

**Main Office:**  
2 Trap Falls Rd, Ste 404  
Shelton, CT 06484  
Phone: (203) 734-7900  
Fax: (203) 513-3269

**Oxford Office:**  
220 Main St, Ste 1F  
Oxford, CT 06478  
Phone: (203) 734-7900  
Fax: (203) 463-8957

**Fairfield Office:**  
1275 Post Rd, Ste 208  
Fairfield, CT 06824  
Phone: (203) 955-1202  
Fax: (203) 955-1203

[www.vosct.com](http://www.vosct.com)

## **Megan M. Gleason, MD**

Orthopedic Surgery & Sports Medicine

### **PROFESSIONAL EXPERIENCE**

#### **Valley Orthopaedic Specialists**

2 Trap Falls Rd, Suite 404  
Shelton, CT 06484

October 2016 – Present

### **HOSPITAL AFFILIATIONS**

#### **Griffin Hospital**

180 Division St  
Derby, CT 06418

Full Privileges

#### **Bridgeport Hospital**

267 Grant St  
Bridgeport, CT 06610

Full Privileges

#### **Surgical Center of CT**

4920 Main St  
Bridgeport, CT 06606

Full Privileges

#### **St. Vincent's Medical Center**

2800 Main St  
Bridgeport, CT 06606

Full Privileges

### **EDUCATION AND TRAINING**

#### **Fellowship**

Sports Medicine  
University of Virginia, Charlottesville, VA  
Fellowship Director: Stephen Brockmeier, MD

2015 – 2016

#### **Residency**

Orthopedic Surgery  
University of Virginia, Charlottesville, VA  
Program Director: A. Rashard Dacus, MD

2011 – 2015

#### **Internship**

General Surgery/Orthopedic Surgery  
University of Virginia, Charlottesville, VA

2010 – 2011

#### **Doctor of Medicine**

Boston University School of Medicine  
Boston, MA

2005 – 2010



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**M.A. Medical Science**

Boston University School of Medicine  
Boston, MA

2004 – 2006

**A.B. Biophysical Chemistry**

Dartmouth College  
Hanover, NH

1998 – 2002

## **CERTIFICATION AND LICENSURES**

- American Board of Orthopedic Surgeons 2015 - Present
- Connecticut Medical License #55574 2016 - Present
- Virginia Medical License #0116022368 2010 - Present

## **PROFESSIONAL SOCIETY MEMBERSHIPS**

- American Academy of Orthopedic Surgeons #940240 2010 – Present
- The American Orthopedic Society for Sports Medicine, fellow 2015 – Present
- Arthroscopy Association of North America, fellow Current

## **TEAM COVERAGE**

- Southern Connecticut State University-Team Physician 2019 - Present
- University of Virginia Athletics – Assistant Team Physician/Orthopedic Surgeon 2015 – 2016
- James Madison University Athletics – Assistant Team Physician/Orthopedic Surgeon 2015 – 2016
- Blue Ridge School – Team Physician, Varsity Football 2012 – 2014

## **EDUCATIONAL ACTIVITIES**

*Recent Grand Rounds & Presentations*

- University of Virginia-Duke Sports Medicine Case Presentations, Charlottesville, VA Nov 11, 2015
- University of Virginia Dept of Orthopedic Surgery: Introduction to Hip Arthroscopy Sept 29, 2015
- University of Virginia Dept of Orthopedic Surgery Grand Rounds: Meniscus Repair Sept 16, 2015
- University of Virginia-UCLA Sports Medicine Case Presentations, Pasadena, CA Sept 4, 2015
- University of Virginia Visiting Professor Lecture Series: FAI Case Presentation June 19, 2015



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*Other*

- Life Saving Techniques Workshop for UVA Medical School - Instructor 2012 – 2013
- UVA Department of Orthopedic Surgery - Residency Recruitment Committee 2011 – 2015

## **PUBLICATIONS**

*Books/Book Chapters*

- **Gleason MM**, Miller MD, Mauffrey C, Hak DJ. *Rapid Reference Review in Sports Medicine, Pivotal Papers Reviewed*. SLACK Incorporated, 2016.
- **Gleason MM**, Gwathmey FW, Diduch DR. Chapter 39: All-Inside Arthroscopic Meniscal Repair. *Insall & Scott Surgery of the Knee*, 6<sup>th</sup> Ed. Elsevier. In publication
- **Gleason MM**, Miller MD. Chapter 32: OATS Autograft Technique. *Master Techniques in Orthopedic Surgery, Reconstructive Knee Surgery* 4th Ed. Wolters-Kluwer. In progress

*Research/Abstracts*

- **Gleason MM**, Norte GE, Etier BE, Richter DL, Pugh KF, Thomson KB, Slater LV, Hart JM, Brockmeier SF, Diduch DR. A Comparison of Cervical Spine Stability Following Immobilization with Traditional Spine Board and Full-Body Vacuum-Mattress Splint. Exercise and Sport Injury Laboratory, University of Virginia, Charlottesville, VA. In progress, Submitted for podium presentation for AOSSM 2016 Annual Meeting
- Etier BE, Norte GE, **Gleason MM**, Richter DL, Pugh KF, Thomson KB, Slater LV, Hart JM, Brockmeier SF, Diduch DR. Cervical Spine Motion with Removal of Football Equipment. Exercise and Sport Injury Laboratory, University of Virginia, Charlottesville, VA. In progress.
- LEAP Studies: Lower Extremity Assessment Protocol for Return to Play after ACL Reconstruction. Currently collecting data in conjunction with University of Virginia Department of Kinesiology, Charlottesville, VA. In progress

## **REFERENCES AVAILABLE UPON REQUEST**