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## **Darryl C. Whitney, M.D.**

Orthopedic Surgery & Sports Medicine

### **PROFESSIONAL EXPERIENCE**

<b>Valley Orthopaedic Specialists</b> 2 Trap Falls Rd, Suite 404 Shelton, CT 06484	2021 – Present
<b>Hartford Orthopedic Surgeons</b> 1111 Cromwell Ave, Building 4 Suite 404 Rocky Hill, CT 06067	2019 - 2021
<b>Saint Francis Hospital and Medical Center</b> 114 Woodland St Hartford, CT 06105	2019 – 2021

### **HOSPITAL AFFILIATIONS**

<b>Griffin Hospital</b>	180 Division St Derby, CT 06418	Full Privileges
<b>Surgical Center of CT</b>	4920 Main St Bridgeport, CT 06606	Full Privileges
<b>St. Vincent's Medical Center</b>	2800 Main St Bridgeport, CT 06606	Full Privileges



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## EDUCATION AND TRAINING

Aug, 2018- Aug, 2019

**NYU Hospital for Joint Diseases**  
 Orthopaedic Sports Medicine Fellowship  
 Program Director: Laith Jazrawi, MD

June, 2013- July, 2018

**Albany Medical Center**  
 Orthopaedic Surgery Residency  
 Program Director: Richard Uhl, MD

2013

**University of Vermont College of Medicine, Burlington, VT**  
 Medical Doctorate

2007

**Simon Fraser University, Burnaby, BC, Canada**  
 Master of Science, Kinesiology  
 Thesis: The effect of exercise on retrograde axonal transport rate in a mouse model of amyotrophic lateral sclerosis

2003

**University of Southern Maine, Portland, ME**  
 Bachelor of Science, Exercise Physiology  
 Minor: Biology  
 Summa Cum Laude

## CERTIFICATION AND LICENSURES

May 2019	State of Connecticut Medical License License #63541	Active
July 2018	American Board of Orthopaedic Surgery, Part I	Pass
February 2016	State of New York Medical License License #283400	Active
June 2014	USMLE step 3	Pass
December 2012	USMLE step 2 CS	Pass
March 2012	USMLE step 2 CK	Pass
February 2011	USMLE step 1	Pass
June 2018	Advanced Cardiac Life Support/BLS	Active



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## PEER-REVIEWED PUBLICATIONS

Vanderbrook D, Anoushiravani A, O'Connor C, Adams C, **Whitney D**, Tartaglione J, Roberts J. The impact of total knee arthroplasty on golfing activity. *Annals of Joint* 2021. Accepted for publication.

Carter C, Campbell A, **Whitney D**, Feder O, Kingery M, Baron S, Youm T, Gonzalez-Lomas, G. Characterizing cam-type hip impingement in professional women's ice hockey players. *The Physician and Sportsmedicine* 2020; 49(2): 203-206.

**Whitney D**, Ives S, Leonard G, Vander Brook D, Lawrence J. Surgeon energy expenditure and substrate utilization during simulated spine surgery. *JAAOS* 2019; 27(17):e789-e795.

**Whitney D**, Sturnick D, Vacek P, DeSarno M, Gardner-Morse M, Tourville T, Smith H, **Slauterbeck J**, Johnson R, Shultz S, Hashemi J, Beynnon B. Relationship between the risk of suffering a first-time noncontact ACL injury and geometry of the femoral notch and ACL: A prospective cohort study with a nested case-control analysis. *Am J Sports Med.* 2014; 42(8):1796-1805

Parkhouse W, Cunningham L, McFee I, Miller J, **Whitney D**, Pelech S, Krieger C. Neuromuscular dysfunction in the mutant superoxide dismutase mouse model of amyotrophic lateral sclerosis. *Amyotroph Lateral Scler.* 2008; 9(1):24-34.

## BOOK CHAPTERS

Meislin R & **Whitney D**. (2020) Chapter 6: "Meniscus Repair" in *The Management of Meniscal Pathology: From meniscectomy to repair and transplantation*. Springer International Publishing, Cham Switzerland. Pages 75-90.

## PRESENTATIONS (NATIONAL AND REGIONAL MEETINGS)

Lowe D, Meislin R, **Whitney D**. Osteochondral Autograft Transfer for Osteochondritis Dissecans Lesion of the Humeral Capitellum in an Adolescent Pitcher. Presented at AAOS Annual Meeting, Orthopedic Video Theater, March 2020.



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Kirby D, Lowe D, **Whitney D**, Youm T. Arthroscopic Labral Repair and Open Derotational Osteotomy for Femoroacetabular Impingement With Excessive Anteversion. Presented at AAOS Annual Meeting, Orthopedic Video Theater, March 2020.

**Whitney D**, Gonzalez-Lomas G, Carter C. The Incidence of Concussion and Symptom Non-Reporting Among Professional Women's Ice Hockey Players. Presented at the 2020 PRISM 7<sup>th</sup> Annual Meeting, Glendale, AZ, January 2020.

Strauss E, Kingery M, **Whitney D**, Klein D, Kenny L, Rodriguez T. Synovial fluid biomarkers in the osteoarthritic knee: differences in concentration with progression of radiographic severity. Presented at the International Cartilage Regeneration & Joint Preservation Society 2019- 15<sup>th</sup> World Congress, October 2019, Vancouver, BC.

**Whitney D**, Baron S, Kingery M, Campbell A, Gonzalez-Lomas G, Carter C. Characterizing the prevalence of cam-type hip impingement in women's professional ice hockey players. Presented at the American Orthopaedic Society for Sports Medicine Annual Meeting, July 2019, Boston, MA.

**Whitney D**, Thompson K, Baron S, Campbell K, Strauss E, Jazrawi L, Alaia M. Reducing hemarthrosis in anterior cruciate ligament reconstruction with the administration of intravenous tranexamic acid: a double-blind randomized control study. Presented at the Fellows' Sports Medicine Conference at West Point, June 2019, West Point, NY.

Kingery M, **Whitney D**, Klein D, Kenny L, Rodriguez T, Strauss E. Synovial fluid biomarkers in the osteoarthritic knee: differences in concentration with progression of radiographic severity. Presented at the 2019 Orthopedic Research Society Annual Meeting, February 2019, Austin, TX.

**Whitney D**, Ives S, Leonard G, Vander Brook D, and Lawrence, J. Surgeon energy expenditure and substrate utilization during simulated spine surgery. Presented at the 2017 NASS Evidence & Technology Spine Summit. Park City, UT, February 2017.

Vanderbrook, D, **Whitney, D**, Anoushiravani, A, Tartaglione, J, Roberts, J. The impact of total knee arthroplasty on golfing activity. Podium presentation at the Eastern Orthopaedic Association Annual Meeting. New Orleans, LA. October 2016.

**Whitney, D**, Sturnick, D, Smith, H, Vacek, P, Holterman, L, Quinttus, S, Foot, N, Slauterbeck, J, Shultz, S, Hashemi, J, Johnson, R, Beynnon, B. Femoral intercondylar notch geometry and anterior cruciate ligament size in association with risk of ACL injury: a multivariate model. Podium presentation at the 2013 Orthopedic Research Society Annual Meeting, January 2013, San Antonio, TX.



**VALLEY ORTHOPAEDIC  
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**Whitney, D**, McFee, I, Miller, JM, Krieger, C, Parkhouse, WS. Effect of exercise on retrograde axonal transport in a mouse model of amyotrophic lateral sclerosis. Canadian Federation of Biological Sciences, 48<sup>th</sup> Annual Conference, Guelph, ON, June 2005.

**Whitney, D**, Whatley Blum, J, Scott, CB. Endurance exercise training increases basal metabolic rate in college athletes. Presented at the Maine Athletic Training Association Annual Conference, Portland, ME, May 2003.

### **HONORS AND AWARDS**

2020 Honorable Mention, AAOS Orthopedic Video Theater Awards  
2020 Hank Chambers Award for Best Scientific Paper, PRiSM 7<sup>th</sup> Annual Meeting  
2017 AOA C.McCollister Evarts Resident Leadership Forum  
2013 James E. Demeules Surgical Research Prize, UVM College of Medicine  
2003-2007 SFU Graduate Fellowship  
2003 Verizon NCAA Academic All-American  
2003 Finalist, 1500m run, NCAA Division III Indoor Track National Championships

### **MEMBERSHIPS IN PROFESSIONAL SOCIETIES**

2018- Present American Orthopaedic Society for Sports Medicine  
2018- Present Arthroscopy Association of North America  
2013- Present American Academy of Orthopaedic Surgeons  
2010- Present American Medical Association  
2003- Present American College of Sports Medicine

### **ATHLETIC TEAM COVERAGE EXPERIENCE**

2021-Present Naugatuck High School  
2019-2020 Hartford Wolfpack Professional Hockey Team  
2019 Big East Basketball Championship Tournament Physician  
2018-2019 Jacksonville Jaguars NFL football team  
2018-2019 NYU and LIU athletics  
2018-2019 New York Riveters Women's Professional Hockey Team  
2013-2018 Rensselaer Polytechnic Institute, Hockey and Lacrosse  
2014-2018 Colonie and Troy High Schools, Football  
2014-2018 Hudson Valley Community College, Hockey  
2012-2013 University of Vermont, Basketball and Hockey