



Main Office:
2 Trap Falls Rd, Ste 404
Shelton, CT 06484
Phone: (203) 734-7900
Fax: (203) 513-3269

Oxford Office:
220 Main St, Ste 1F
Oxford, CT 06478
Phone: (203) 734-7900
Fax: (203) 463-8957

Fairfield Office:
1275 Post Rd, Ste 208
Fairfield, CT 06824
Phone: (203) 955-1202
Fax: (203) 955-1203

www.vosct.com

Mitchell S. Garden, M.D.

Orthopaedic Spine Surgery

PROFESSIONAL EXPERIENCE

Valley Orthopaedic Specialists 2 Trap Falls Rd, Suite 404 Shelton, CT 06484	02/2023 - Present
Litchfield County Orthopedic and Spine P.C. 622 Bantam Road Bantam, CT 06750	03/2011 - Present
New Milford Spine & Orthopedics Institute, P.C. 9 East Street Litchfield, CT 06759	06/2006 – 03/2011
Orthopedics & Sports Medicine 219 Blooming Grove Turnpike New Windsor, NY 12553	08/1998 – 06/2006

HOSPITAL AFFILIATIONS

Griffin Hospital	Orthopaedic Surgery 180 Division St Derby, CT 06418	Full Privileges
Charlotte Hungerford Hospital	50 Hospital Hill Road Torrington, CT 06790	Full Privileges
Danbury Surgical Center	73 Sand Pit Road Danbury, CT 06810	Full Privileges



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Sharon Hospital

50 Hospital Hill Road
Sharon, CT 06069

Full Privileges

New Milford Hospital (Western CT Health Network)

21 Elm Street
New Milford, CT 06776

Full Privileges

HIGHER EDUCATION

Undergraduate

B.S. in Behavioral Neuroscience
University of Pittsburgh
Pittsburgh, PA

09/1985 – 05/1988

Graduate

Doctor of Medicine
Howard University College of Medicine
Washington, D.C.

08/1988 – 05/1992

Residency

Orthopaedic Surgery Resident
Howard University Hospital
Washington, D.C.

07/1993 – 08/1997

Internship

General Surgery
Howard University Hospital
Washington, D.C.

07/1992 – 06/1993

Fellowship

Spine Surgery
New England Baptist Bone & Joint Institute
Boston, MA

08/1997 – 07/1998

PROFESSIONAL EXPERIENCE

- Howard University; *Consultant for the Liver Transplant Program* 09/1998 – 05/1992
- Presbyterian University Hospital; *Liver Transplant Technician* 09/1987 – 08/1988
- Presbyterian University Hospital; *Coagulation Technician for the Central Blood Bank* 05/1987 – 09/1987
- Presbyterian University Hospital; *Research Assistant Liver Transplant Program Department of Anesthesia* 08/1986 – 04/1987
- Presbyterian University Hospital; *Volunteer Department of Anesthesiology Liver Transplant Program* 09/1985 – 08/1986



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CERTIFICATION, MEMBERSHIPS & LICENSURES

- American Board of Orthopaedic Surgery (Recertified 2018) Expires 12/2030

PROFESSIONAL SOCIETY MEMBERSHIPS

- American Academy of Orthopaedic Surgeons
- Connecticut Orthopaedic Society
- National Association of Spine Surgeons
- North American Spine Society

HONORS AND AWARDS

- State Award of Excellence Nurse Practitioner Advocate – June 2005
- Chief Resident Howard University Hospital and Affiliated Hospitals Academic Year 1996-1997
- Pinnacle Award – Highest OITE score 1996 Academic Year June 1997
- Surgical Excellence Award June 1997
- Orthopaedic Surgery Chief Resident of the Year DR General Hospital May 1997
- Achievement Award for Clinical Performance and Patient Care as a PGY-3. Resident Academic Year 1994-1995
- Alpha Omega Alpha Honor Medical Society May 1992
- Recipient of the Charles H. Epps, M.D. Award May 1992
- Tri-Beta Biological Honor Society February 1986
- Dean's List Spring Semester 1987

RESEARCH EXPERIENCE & PUBLICATIONS

1. Surgeon Advisor – Paradigm Biodevices, Inc.
Provide Clinical Consultation, Clinical Evaluation & Risk Assessment, Review Design Inputs,
Provide Clinical Surveillance: 1999-Present
2. Evaluation of Lumbar Interbody Fusion with a Threaded Cage using CT Reconstruction. Presented at the 13th Annual North American Spine Society meeting October 1998.
3. Indications for Angiography in Gunshot Fractures to the Extremities. Presented at the Eastern Orthopaedic Association Annual meeting October 1998.
4. Perioperative Complications in Patients with Sickle Cell Disease: An Orthopaedic Perspective; Published May 1996 Journal of American Orthopaedics
5. Investigation of "Determination of Type and Source Contamination in the Cell Saver IV Machine during Orthotopic Liver Transplants" under Dr. Yoogoo Kang, M.D., Department of Anesthesiology, Presbyterian University Hospital, Pittsburgh, PA.